Spring 2012

Midwestern State University
NURS 3212 Family Health Assessment

Faculty
Annie Nunneley, RN, MSN, APRN-BC  Course Coordinator  annie.nunneley@mwsu.edu
Office: Bridwell Hall 313, 940-397-4650

Preferred method to contact faculty is WEB CT/Blackboard

Simulation Center Coordinator:  Marcy Beck RN, MSN
The Simulation Center:  917 Midwestern Parkway
(940) 766-5362

Lecture 1-3 pm Boling Hall Room 127 followed by Clinical Preparation 3-4 pm.
Individual Clinical Labs at Simulation Center (see course schedule)

Pre-Requisites:  BIOL 1134 & 1234; NURS 3203 (may be taken concurrently)

Course Description:  The focus of this course is on the assessment of the holistic person as an individual and encompasses families, groups, and society. The role of the nurse in health promotion throughout the life cycle is explored by identifying normal and abnormal findings. Emphasis will be placed on acquiring skills to record client histories, to perform physical assessments, and to communicate specific findings.

Credit Hours:  Three (3) credit hours: Two lecture hours and three clinical hours per week.

Learning Experiences:  This is a lecture course supplemented with an online course packet. Theory: lecture, case studies, online learning activities, required readings; use of online audiovisuals, older version Video’s available in the library to review and required online quizzes.

Clinical:  Laboratory practice with supervision in the Simulation Center. Return demonstration for evaluation, supervised and independent hands-on practice of assessment skills on a variety of clients throughout the life cycle. Clinical experiences are mandatory. Missing a clinical lab constitutes a clinical failure and all absences must be made up. Please make arrangements as soon as possible with the SIMS staff to make up Lab the same week. If not, make-up for clinical experiences will be available on one make-up day (see calendar). Students must make up any Labs missed. A maximum of 2 Labs may be made up to avoid a clinical failure. In case of an Emergency, students are encouraged to first contact the Simulation Center and request to make up a Lab later in the same week. The Simulation Center will determine if they have space and faculty to accommodate the request.
Differentiated Entry Level Competencies (DELCs): These competencies outline the different expectations for entry levels of nurses. For further information regarding the competencies identified for each Course Objective, refer to the BSN Handbook.

**Course Objectives**
Upon completion of this course the student should be able to

1. Utilize the assessment phase of health of persons and families throughout the life cycle.

2. Identify factors and research related to health promotion and screening for person throughout the life cycle.

3. Identify norms and deviations in health status.

4. Utilize verbal, non-verbal, and written communication skills for obtaining and documenting assessment data.

5. Develop a personal strategy for performing a head-to-toe physical assessment

<table>
<thead>
<tr>
<th>Course Objectives</th>
<th>AACN</th>
<th>D.E.L.C.s</th>
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<tbody>
<tr>
<td>1. Utilize the assessment phase of health of persons and families throughout the life cycle.</td>
<td>III. C-1, 2,3</td>
<td>III. C-2</td>
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<tr>
<td>2. Identify factors and research related to health promotion and screening for person throughout the life cycle.</td>
<td>IV. A-1, 2</td>
<td>A: 1-e, g, t, u; 2-g; 3-cc; 7-b-f.</td>
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<td>4. Utilize verbal, non-verbal, and written communication skills for obtaining and documenting assessment data.</td>
<td>III. B-1, 6</td>
<td>A: 1-h, r; 2-b; 3-b, aa. B: 3-g.</td>
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<td>5. Develop a personal strategy for performing a head-to-toe physical assessment</td>
<td>V. A-1,C-2</td>
<td>A: 1-a, m. C: 1-d.</td>
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**Required Textbooks/Equipment:**

Jarvis, C. (2012) Physical Examination & Health Assessment (6th ed.) e-pack is mandatory and you will not be able to access the course materials without an access code after a 5-7 day grace period.

HESI Patient Reviews with RN Case Studies and Practice Test e-pack is mandatory. You must purchase this and register your access code by March 25th.

Supplies: Assessment Bag (Blood Pressure cuff, percussion hammer, stethoscope, tuning fork, measuring tape, penlight, watch with second hand). Maroon scrubs with patch and name tag.

**Evaluation:**
Students must successfully complete the following course and clinical components to pass:
Unit Exams (5 @ 16 % each) 80 %
Final Exam 10 %
Online Quizzes 05 %
Written Physical Exam Due at Practicum 05 %

Total 100 %

Clinical Practicum Pass / Fail

Final course average of 74% or greater and a “Pass” on the Clinical Practicum in order to pass the course

Grading Scale:
90-100 .........................................................................................................................A
80-99 ..............................................................................................................................B
74-79 .................................................................................................................................C
65-73 .................................................................................................................................D
64 and below .......................................................................................................................F

The MSU Nursing Program does not round grades in this or any nursing course. Passing is a 74.

Unit Exams will cover learning objectives outlined in the unit(s) of study.
- Students must provide 4 Blank Scantrons the day of the first exam and a number 2 pencil and an eraser. Exams consist of 50 multiple choice questions and students have 1 hour to take the exam.
- Missing Exams: If you have to miss an exam for any reason you must notify the instructor by phone or email 2 hours before missing an exam, to avoid a zero. Make up exams are scheduled on the course calendar and students are responsible to email and confirm they will be attending the make-up time as soon after missing the exam as possible. Make-up exams are usually different from the original exam and may include multiple choice, essay, short answer, true/false, and/or matching questions.
- All students must arrive to the testing area by start of class time. Students late for an exam will be expected to wait and take the exam on the make-up exam day. This is rule is necessary because the class is so large that students coming in late disturbs those who have already begun test taking. Please remove caps during exams. No materials may be brought to the testing area except for pencils and an eraser. Backpacks, cell phones, etc. must be left at the front of the room during testing. Cell phones must be muted during class time.

Written Physical Exam Students will complete a written case study the week of the clinical practicum that will be due at the time of the schedule practicum. Details will be provided later.

Online Quizzes are intended to prepare students for Lab by reviewing course content prior to Lab and so completion of the appropriate quizzes are encouraged prior to attending the assigned clinical lab at the Sims Center. Collaboration with one another is acceptable but students are
reminded that failure to prepare and understand content may impact performance on exams. Online quizzes must be taken during the available times as posted. There will be no exceptions if you miss taking a quiz by the posted deadline. Quizzes cannot be reopened if you miss the quiz. Please plan accordingly and do not wait until the last minute and find out that you cannot get online.

**Clinical Log** Students are required to save the clinical evaluation forms completed in the simulation lab as well as the practice nurses notes completed during clinical lab experiences in a notebook. Notebooks containing these items may be requested at midterm and or at the end of the semester for evaluation. Remember clinical is pass / fail.

**Clinical Practicum** is a demonstration of a systematic assessment performed in a 30-minute period of time. Students may bring a 5x8 note card to the practicum inclusive of any notes they desire as defined in Lab. Should a student fail to earn a passing grade on the initial attempt on the clinical practicum, an opportunity exists to retest with 2 faculty extenders. Retesting is usually the next day or as Lab scheduling permits. Two testers may be present to evaluate at any time during practicum testing for the purposes of assessing inter-rater reliability. Any time two testers observe a practicum the score will be based on the average of the two grades. Further details regarding the practicum will be provided throughout the semester. Students that have failed the didactic portion of the course and cannot possibly make a passing grade will not be eligible to take the clinical practicum.

**Vital signs assessment** Learners will be assessed on a simulated manikin on the performance of vital signs using a clinical scenario as part of the clinical assessment during the course as well. Results on the scenario will be shared with current and future faculty to assess learner competency as part of the nursing program’s assessment of the learner’s formative learning needs.

**Failure Policy**
Students are expected to pass both clinical and classroom components of the course. Failure in either clinical performance or theory components will result in failure of the course. A clinical failure is recorded as an F on the grade sheets for both clinical and the course room grade.

**Instructor Drop Policy**
Behaviors that detract from the learning process will not be tolerated. Tardiness will not be tolerated. Excessive talking to classmates during class time will not be tolerated. Beepers and cellular phones should be turned off during all class sessions. Text messaging during lectures is considered unacceptable behavior. Students wishing to use laptop computers during lectures are asked to sit in the last row of seats so as not to distract other students. Children are not to be brought to class per University policy.

**Students who demonstrate distracting behaviors will be asked to leave the classroom. If a student demonstrates continuing behaviors that are distracting to his/her classmates, the student will be administratively dropped from the course.**
**Instructor Drop.** An instructor may drop a student any time during the semester for excessive absences, for consistently failing to meet class assignments, for an indifferent attitude, or for disruptive conduct. The instructor must give the student a verbal or written warning prior to being dropped from the class. An instructor’s drop of a student takes precedence over the student-initiated course drop of a later date. The instructor will assign a grade of either WF or F through the 8th week of a long semester, the 6th week of a 10 week summer term, or the 11th class day of a 4 or 5 week summer term consisting of 20 days. After these periods the grade will be an F. The date the instructor drop form is received in the Office of the Registrar is the official drop date.

**Student Responsibilities**

**A. Lab Requirements:**
Students must bring their own lab equipment to assessment lab each week. Students must wear appropriate attire to enable optimal opportunities for assessment and skill development. Male and female students must wear scrubs with nametag (females should wear a sports bra underneath scrubs to allow for examination of the lungs, heart, chest, abdomen, etc.) and shorts.

**B. Absences from Lab**
Monday clinical Lab Prep time from 3-4 and labs is part of the program clinical hours and attendance is mandatory. Students who miss any clinical are still responsible for performing each nursing assessment skill presented in this course and will need to attend makeup sessions. Students who miss a laboratory session due to illness or compelling family situations must contact the Simulation Center to seek permission to attend another section of the lab. The Simulation Center will determine if they have space and faculty to accommodate the student request. **If you are absent for an assigned lab time/day for any reason, you may not accrue bonus points for that day.** Frequent absences result in lost bonus points accrued at the faculty discretion.

- Items marked with and asterisk * indicates quizzes that can earn Bonus points if completed prior to attendance at regularly scheduled lab times.
- Student’s absence from the Monday Prep time for more than 1 Lab Prep time may forfeit all or part of Bonus Points at faculty discretion. All Prep times missed count toward missed clinical hours.
- All students must make up Labs missed and a maximum of 2 Labs may be made up unless extenuating circumstances exist.

**C. Absences from Practicum**
It is imperative that students notify the Simulation Center within **2 hours** of the scheduled practicum time if they will not be in attendance. Failure to do so will result in a grade of 0 for the practicum except under the most emergent conditions. When proper notification has
occurred, the student and the faculty will attempt to reschedule the practicum.

D. Cheating Policy

The BSN Program does not condone cheating in any form and considers it as a serious offense that could result in removal from the program. Cheating, collusion, or plagiarism is defined as follows. Cheating/collusion/plagiarism – cheating means intentionally using or attempting to use unauthorized materials, information, or study aids in any academic exercise; collusion means the unauthorized collaboration with another person in preparing work offered for credit; plagiarism means intentionally representing the words or ideas of another as one’s own in any academic exercise. For further information regarding cheating and any subsequent actions to be taken refer to the policy statement in the BSN Student Handbook.

By enrolling in this course, the student expressly grants MSU a “limited right” in all intellectual property created by the student for the purpose of this course. The “limited right” shall include but shall not be limited to the right to reproduce the student’s work product in order to verify originality, and for educational purposes.

MIDWESTERN STATE UNIVERSITY STUDENT HONOR CREED

“As an MSU Student, I pledge not to lie, cheat, steal, or help anyone else to do so.”

As students at MSU, we recognize that any great society must be composed of empowered, responsible citizens. We also recognize universities play an important role in helping mold these responsible citizens. We believe students themselves play an important part in developing responsible citizenship by maintaining a community where integrity and honorable character are the norm, not the exception.

Thus, we, the Students of Midwestern State University, resolve to uphold the honor of the University by affirming our commitment to complete academic honesty. We resolve not only to be honest but also to hold our peers accountable for complete honesty in all university matters. We consider it dishonest to ask for, give, or receive help in examinations or quizzes, to use any unauthorized material in examinations, or to present, as one’s own work, work or ideas which are not entirely one’s own. We recognize that any instructor has the right to expect that all student work is honest, original work. We accept and acknowledge that responsibility for lying, cheating, stealing, plagiarism, and other forms of academic dishonesty fundamentally rests within each individual student.

We expect of ourselves academic integrity, personal professionalism, and ethical character. We appreciate steps taken by University officials to protect the honor of the University against any who would disgrace the MSU student body by violating the spirit of this creed.

Written and adopted by the 2002-2003 MSU Student Senate

E. Plagiarism Statement

By enrolling in this course, the student expressly grants MSU a “limited right” to all
intellectual property created by the student for the purpose of this course. The “limited right” shall include but shall not be limited to the right to reproduce the student’s work product in order to verify originality, and for educational purposes.

F. BSN Student Handbook
Students are responsible for reading and understanding the policies in the BSN Student Handbook (available on the home page for the course).

G. Americans with Disability Act
Midwestern State University does not discriminate on the basis of an individual's disability and complies with Section 504 and the Americans with Disabilities Act in its admission, accessibility, and employment of individuals in programs and activities. MSU provides academic accommodations and auxiliary aids to individuals with disabilities, as defined by law, who are otherwise qualified to meet academic employment requirements. For assistance call (940) 397-4618 or (940) 397-4515, TDD.
Students must first see the University disabilities coordinator who will notify the instructor regarding accommodations. Subsequently, please see the instructor outside of class prior to the first exam to make any arrangements involving special accommodations.

H. Beepers, Phones, and Hats
All beepers and phones are to be muted during both lecture and laboratory periods so that other members of the class will not be disturbed. Students seen sending text messages during class will be asked to leave. Hats are to be removed in the classroom and the lab.

I. Communication in Class
All class participants are reminded to demonstrate respect for faculty and peers by speaking one at a time and listening attentively to the speaker who is speaking.

J. Immunization Requirements
Students must be current in all required immunizations. Ms. Boomer notifies the Chair of the Nursing Department frequently regarding each student’s level of compliance, and the student must appear on this list as having met all requirements. Failure to do so will result in a grade of incomplete and inability to progress in the program. All immunization documentation is to be taken to Peggy Boomer, RN, BSN, in the Vinson Health Center. The clinical coordinator is available to answer questions related to requirements to include required health insurance.