EXPH-1821: Tennis
MWF 10-10:50, 11-11:50 AM

Term: Spring semester 2013

Faculty: Scott Linn
D.L. Ligon 106H
940-397-4766 (o)
940-235-0967 ©

Class Location: MSU Tennis Courts

Office Hours: MWF 9-10 AM, TTH 9 AM - 12 PM, or by appointment

Course Description: Introduction to the game of tennis

Course Objective: (1) Learn proper technique of each stroke used, (2) Understand rules & scoring system, (3) Identifying parts of the tennis court & racquet, (4) Identify equipment/clothing needed, and (5) Develop a life-long activity


Clothing & equipment: (1) shorts or warm-ups, (2) shirts, (3) socks, (4) athletic shoes, (5) “new” can of tennis balls, (6) tennis racquet, (7) water bottle, and (8) Notebook.

Notice: Failure to adhere to the dress code results in absent and incomplete for the class activity for the day.

Outline: The following is a tentative schedule of the weekly class activities. Every attempt will be made to follow the schedule. However, some alterations may be made due to circumstances beyond control (i.e. weather). If a change is going to be made, the students will be made aware through an announcement on WebCT. The syllabus is subject to change at instructor’s discretion.
Week 1 – Week 15 Daily Schedule is listed below:

- Week 1 – Syllabus, Introduction to Tennis
- Week 2 – Overview of Rules, Identifying parts of the tennis court and racquets
- Week 3 – Scoring Systems, Written Test
- Week 4 – Serves/Returns (Toss, Mechanics, Grip, Footwork, Hand-eye coordination, and Weight Transfer)
- Week 5 – Serves/Returns (Toss, Mechanics, Grip, Footwork, Hand-eye coordination, and Weight Transfer)
- Week 6 – On Court Test
- Week 7 – Forehand (Mechanics, Grip, Footwork, Hand-eye coordination, and Weight Transfer)
- Week 8 – Backhand (Mechanics, Grip, Footwork, Hand-eye coordination, and Weight Transfer)
- Week 9 – Ground strokes (Mechanics, Grip, Footwork, Hand-eye coordination, and Weight Transfer)
- Week 10 – On Court Test
- Week 11 – Volleys (Mechanics, Grip, Footwork, Hand-eye coordination, and Weight Transfer)
- Week 13 – Set Play
- Week 14 – Set Play
- Week 15 – On Court Test

Things to Remember:
1. Safety 1st!
2. Drink lots of water before and after training
3. Wear Sunscreen
4. Warm-up before beginning activity
5. Stretch at the completion of the activity

Grading System: Two portions (1) 40% Exams and (2) Attendance/Participation

Exam Grade (40% of Final Grade): Four exams will be given in the class:
- Written Test, Week 3
- On Court Test, Week 6
- On Court Test, Week 10
- On Court Test, Week 15

Attendance/Participation Grade (60% of Final Grade): Each Class during the semester you will receive 1 pt. for attendance and 1 point for full participation. So, two points can be earned toward your attendance/participation grade each day. With 30 class dates, you can earn a total of 60 points.

Tardy: A tardy is anytime you arrive at class more than 5 minutes after the start. 3 tardies equal 1 absence (lost of 1 point).

Grading Scale:

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<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>A</td>
<td>90-100%</td>
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<tr>
<td>B</td>
<td>80-89%</td>
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<tr>
<td>C</td>
<td>70-79%</td>
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<tr>
<td>D</td>
<td>60-69%</td>
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<tr>
<td>F</td>
<td>59% or Less</td>
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Missed Class Policy: A missed class can be made up if the absence was excused and the student has proper documentation (Dean of Students or Doctor’s Note). All dates must be completed within one week of the original date. Professor (or authorized supervisor) must be present when making up a date. Time and Location is selected by professor.
**AMERICANS WITH DISABILITIES ACT**
Midwestern State University does not discriminate on the basis of an individual’s disability and complies with Section 504 of the Americans with Disabilities Act (ADA) in its admission, accessibility, and employment of individuals in programs and activities. It is the policy of Midwestern State University that no otherwise qualified person with a disability be excluded from the participation in, be denied the benefits of, or be subject to discrimination in any educational program or activity at the University. MSU provides academic accommodations and auxiliary aids to individuals with disabilities as defined by law, who are otherwise qualified to meet academic employment and requirements.

Any student who feels she/he may need an accommodation based on the impact of a disability should contact the Disability Support Services office to discuss your specific needs. Please contact Disability Support Services at 940-397-4140 in room 168 Clark Student Center to coordinate reasonable accommodations for students with documented disabilities.

**Course Policies:**
Students should refer to the current MSU Student Handbook and Activities Calendar for university policies related to class attendance, academic dishonesty, student responsibilities, rights and activities.

“Midwestern State University is an equal opportunity/affirmative action institution and complies with all federal and Texas laws, regulations, and executive orders regarding affirmative action requirements in all programs and policies. Midwestern State University does not discriminate against any individual because of race, creed, color, sex, national origin, or disability.”

Academic integrity is expected of all students. Cheating in any form will not be tolerated and may result in disciplinary action. Remember the MSU Student Creed,

“As an MSU student, I pledge not to lie, cheat, steal, or help anyone else do so.”

**Health Insurance Recommendation**

*Participation in this course may lead to accidents. All students are strongly encouraged to have health insurance coverage. Information is available through the Midwestern State University Student Health Center. [http://healthcenter.mwsu.edu/]*